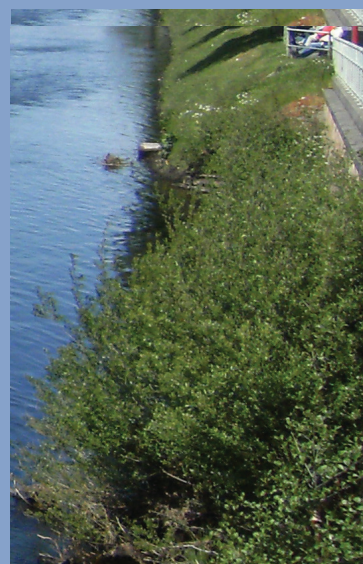


Highland Gathering



22nd, 23rd, 24th March 2019



Jury's Inn Hotel
Millburn Road, Inverness

Programme 2019

Friday 22nd

8pm Open AA and Open Al-Anon • **10pm** Tea and Fellowship

Saturday 23rd

10.30am Closed AA and Public Al-Anon • **2.30pm** Closed AA Sharing

7pm Public meeting • **9.30pm** Dance with Ezra

Sunday 24th

10.30am Closed AA and Closed Al-Anon



Acceptance is the Key



REGISTRATION £10

For all or part of the weekend including dance

CONTACTS

Diane - **01463 224460** • Al-Anon (Tony) - **07789 557000**

highland_gathering@yahoo.com

ACCOMMODATION HOTEL

£75 single room, **£85** double room per night

The code to use when booking a room is - **JIAALL220319**

The AA Promises

- If we are painstaking about this phase of our development, we will be amazed before we are half way through.
- We are going to know a new freedom and a new happiness.
- We will not regret the past nor wish to shut the door on it.
- We will comprehend the word serenity and we will know peace.
- No matter how far down the scale we have gone, we will see how our experience can benefit others.
- That feeling of uselessness and self-pity will disappear.
- We will lose interest in selfish things and gain interest in our fellows.
- Self-seeking will slip away.
- Our whole attitude and outlook upon life will change.
- Fear of people and of economic insecurity will leave us.
- We will intuitively know how to handle situations which used to baffle us.
- We will suddenly realize that God is doing for us what we could not do for ourselves.
- Are these extravagant promises? We think not.
- They are being fulfilled among us - sometimes quickly, sometimes slowly.
- They will always materialize if we work for them

Farewell to all our visitors

Have a safe journey and haste ye back!